

TYPICAL DAY AT THE CYC

(Different classrooms have slightly different schedules in the morning, based on outside playground schedules and the needs of children.)

7:45 to 8:30 a.m.	Morning Gathering
8:45 to 9:30 a.m.	Free Choice Centers/Snack
9:30 to 9:50 a.m.	Class Meeting/Project Work
9:50 to 10:50 a.m.	Centers
10:50 to 11:45 a.m.	Outside Play
11:45 to 12:00 a.m.	Preparing for lunch
12:00 to 12:45 p.m.	Lunch
12:45 to 1:00 p.m.	Story Time
1:00 to 3:00 p.m.	Rest Time
3:00 to 3:30 p.m.	Wake-up/Bathroom/Snack
3:30 to 4:15 p.m.	Outside Play
4:15 to 5:00 p.m.	Afternoon Centers
5:00 to 5:30 p.m.	Story time/Quiet Discussion of Day's Activities/Going Home

TYPICAL HALF DAY AT CYC

8:30 to 9:30 a.m.	Centers/Snack
9:30 to 9:50 a.m.	Class Meeting/Project work
9:50 to 10:30 a.m.	Centers
10:30 to 11:15 a.m.	Outside Play
11:15 to 11:30 a.m.	Songs and Preparing for Lunch
11:30 to 12:10 p.m.	Lunch
12:10 to 12:30 p.m.	Story and Dismissal

One-on-one and small group activities are presented within the structure of each larger group. Quiet and more active activities are alternated. Large muscle activities, especially on the playground, offer opportunities for exploration and learning.