Fall 2009 EDCP 108R

September 3

Introduction to the course and each other
Listening trios.

**Assignment:**
(1) Start keeping a Journal.

September 10

Discussion of class assignments (projects, journals, etc.)

**Goal Setting/Time Management**

**Assignment:**
(1) Keep your Journal.
(2) Take Strong-Campbell Interest Inventory and the Myers-Briggs as soon as possible.
(3) Do Goal Setting Assignment.

September 17

**Goal Setting and Time Management Continuation.**

**Assignment:**
(1) Do Time Management Assignment.
(2) Make sure you take the Strong Interest Inventory and the Myers Briggs immediately, if you haven’t done so already.
(3) Suggested Reading: *How to Get Control of Your Time and Your Life* by Alan Lakein.

September 24

**S.Q.3.R. - Study Skills.**

**Assignment:**
(1) watch COLLEGE SUCCESS VIDEO AT LAS. Write a one-page summary about what you learned from this video—to be handed in at the next class.
(2) If you haven’t seen a counselor, schedule an individual appointment at LAS for your academic skills project.
(3) Continue to write in your journal.
October 1  LEARNING Styles, Dr Janet Thiel, Math counselor LAS
Assignment:  (1) HAND IN YOUR JOURNAL ON OCT. 15TH.
(2) work on your academic skills project
Due October 15th. Must be typed.

October 8  Begin Career Exploration
Assignment:  (1) Begin to talk to other students about Classes for next semester.
(2) Finish working on Academic Skills paper. Due next week. Hand in your journal
Next week.

October 15  Interpretation of Strong-Campbell and Myers Briggs
HAND IN YOUR JOURNAL AND YOUR ACADEMIC SKILLS PROJECT TODAY!!!!!!

October 22  Registration for Spring Semester: Ernest Cartledge, Registrar's Office
Assignment:  (1) Continue to keep your journal.
(2) Meet with an instructor to complete the Exam Analysis Handout

October 29  Exam Skills: Strategies for Success.
Assignment:  (1) Work on your Career Project.

November 5  Getting Started on Your Paper: Writing Skills Specialist Shirley Browner—Learning Assistance Service.
Assignment:  (1) Continue to write in your journal.
(2) Work on your Career Project

November 12  We will meet at the McKeldin Library
Assignment:  (1) Remember, a minimum of 2 library resources are to be included in your career exploration project.
(2) Continue to keep your journal.
(3) See your advisor about next semester’s class.
(4) Talk to everyone to find out about various classes and instructors.
November 19  Stress Management—Reducing Test Anxiety

Assignment:  (1) Finish Career Project which is due today. MUST BE TYPED.
(2) Hand in your up-to-date Journal.

November 26  THANKSGIVING...ENJOY

December 3  WRAP-UP

IMPORTANT DATES

October 15  Hand in your Journal.
Hand in your Academic Skills Project
November 19  Hand in your Career Project and your Journal